

Whole School PSHE Foundation Overview DBJA

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Cherry 4 year rolling curriculum (Rolling Curriculum)</p> <p>*Additional life-skills and Essential Skills lessons are taught throughout the year</p>	<p>Year 1 of RC– My Family and Me</p> <p>Year 2 of RC– How am I feeling?</p> <p>Year 3 of RC– Family and Me</p> <p>Year 4 of RC- How am I feeling?</p>	<p>Year 1 of RC– Being the Healthiest Me</p> <p>Year 2 of RC– My Friends and Me</p> <p>Year 3 of RC- Economics</p> <p>Year 4 of RC- My Friends and Me</p>	<p>Year 1 of RC– Citizenship</p> <p>Year 2 of RC– Healthy Me</p> <p>Year 3 of RC- Being the Healthiest Me</p> <p>Year 4 of RC- Healthy Me</p>	<p>Year 1 of RC– Caring for the wider world</p> <p>Year 2 of RC– Jobs in our Community</p> <p>Year 3 of RC- Citizenship</p> <p>Year 4 of RC- Jobs in our Community</p>	<p>Year 1 of RC– Safe Me</p> <p>Year 2 of RC– My Body</p> <p>Year 3 of RC- Caring for the wider world</p> <p>Year 4 of RC- My Body</p>	<p>Year 1 of RC– Economics</p> <p>Year 2 of RC– What’s the Risk?</p> <p>Year 3 of RC- Safe Me</p> <p>Year 4 of RC- What’s the Risk?</p> <p><small>*Bespoke SRE for Y6 pupils where appropriate</small></p>
Year 3	Pressures I may Face	Great Friends Think Alike	Looking After Me	People in our Community	We are Family	First Aid
Year 4	My Feelings and Me	Responsible Me	Respecting the Individual	Managing Myself and My Behaviour	Collective Responsibility	Puberty
Year 5	Similarities, Differences and Stereotypes	Online Safety	Careers Unit	First Aid and Head Injuries	Growing Up	What do I know about drugs?
Year 6	My Mental Health & Me	Living in an Online World	Choices, Choices, Choices	Changing Relationships	Reproduction.	Moving on up

