

Vocabulary Pyramid Ball Skills



Get Set 4 P.E.

EYFS

run

stop

throw

roll

team

kick

space

catch

Year 1

far

aim

safely

direction

balance

send

Year 2

overarm

collect

target

underarm

dribble

distance

Year 3

track

receive

chest

shoulder

overhead

accurate

Year 4

release

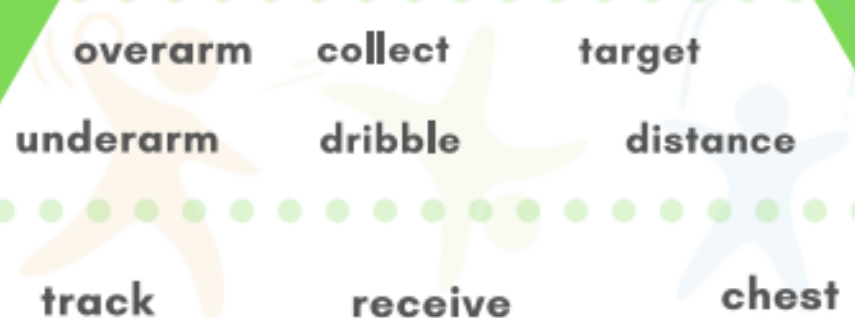
select

control

consistently

technique

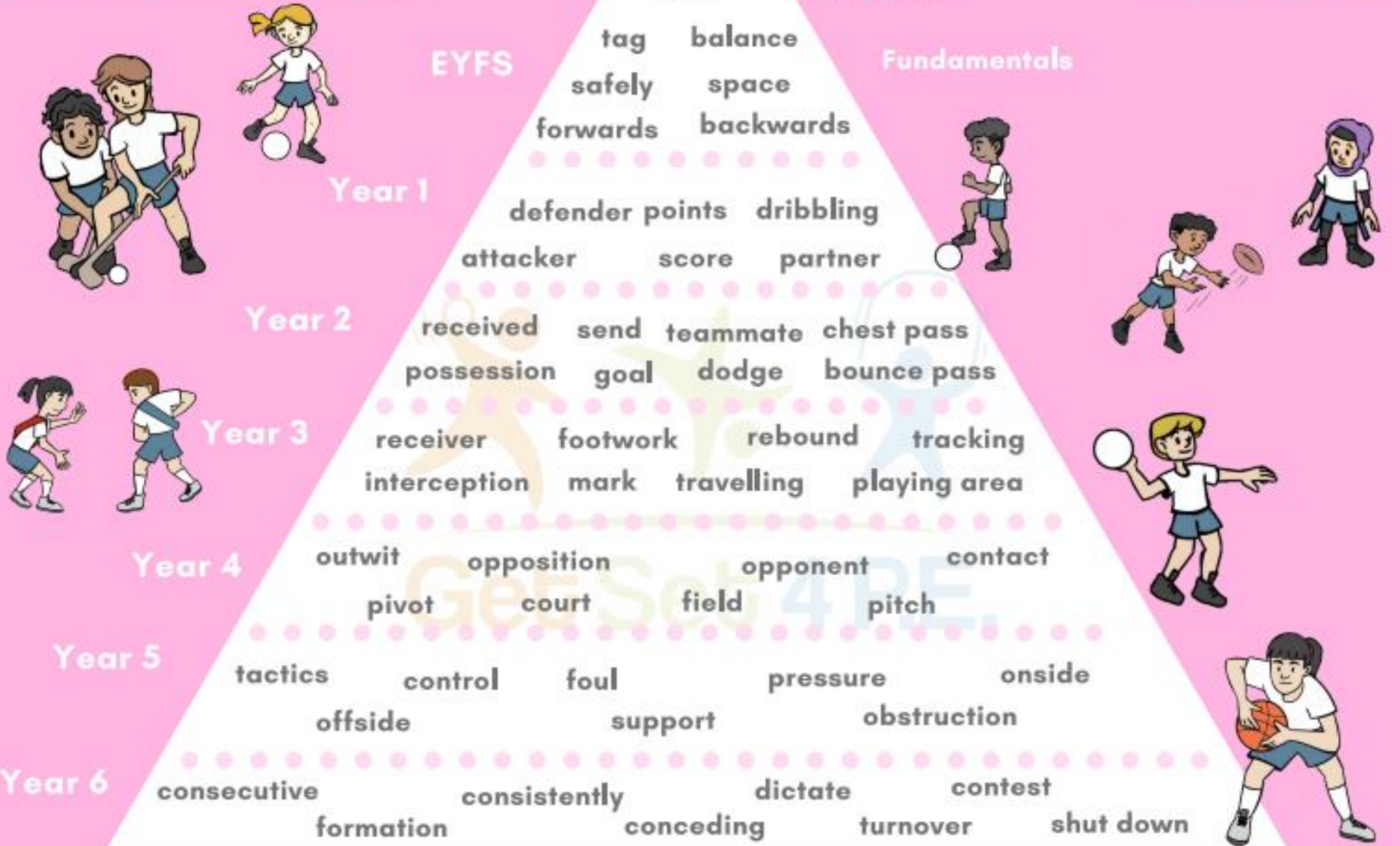
persevere



Get Set 4 P.E.

Vocabulary Pyramid

Invasion Games



Vocabulary Pyramid

Athletics



EYFS

push
stop
jump
space

Ball Skills
Games

Fundamentals



Year 1

forwards safely
balance backwards

far hop aim
fast slow bend
improve direction travel



Year 2

sprint jog distance height
take off landing overarm underarm



Year 3

speed power strength accurately
higher pace control faster further



Year 4

power stamina officiate perseverance
determination accuracy personal best

Year 5

technique upsweep rhythm
downsweep flight stride



Year 6

rotation trajectory continuous pace
force compete momentum transfer of weight