



## **Dorothy Barley Junior Academy Sun Safety Policy**

### **Other related policies:**

- **Health & Safety**
- **Safeguarding & Child Protection**
- **First Aid**

**This policy was devised and adopted in March 2019**

**Revised: September 2020**

### **1.0 Introduction**

At Dorothy Barley Junior Academy we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve a sun safe environment.

#### **1.1 Why is sun protection important for children and young people?**

The number of cases of malignant melanoma, the most serious form of skin cancer is rising at an alarming rate. The good news is that the majority of these cases could be prevented. Most skin cancers are caused by too much ultraviolet (UV) radiation from the sun. If we protect ourselves from overexposure to the sun then we can reduce our risk. This is particularly important for children and young people whose skin is more delicate and easily damaged.

#### **1.2 What about vitamin D?**

We all need some sun to make enough vitamin D. Enjoying the sun safely, while taking care not to burn, should help most people get a good balance without raising the risk of skin cancer. For more information on vitamin D, visit the SunSmart website: [www.sunsmart.org.uk](http://www.sunsmart.org.uk)

### **2.0 Aims and objectives**

#### **2.1 Education**

- All pupils will have at least one SunSmart lesson per year.
- We will talk about how to be SunSmart in assemblies at the start of the summer term and before summer break.
- Parents and guardians will be sent information about what the school is doing about sun protection and how they can help at the beginning of the summer term.
- Children will be encouraged to drink plenty of water to avoid dehydration.

## **2.2 Protection & Collaboration**

### **Shade:**

When the sun is strong we will encourage pupils to sit/play in the shade where it is available.

### **Timetabling:**

In the summer months we will try to schedule outside activities, school trips and PE lessons before 11am and after 3pm if appropriate. If this is not possible we will ensure that hats, clothing and sunscreen are worn to prevent sunburn.

We will limit the amount of time spent outside during the school lunch hour (split lunches).

### **Sunscreen:**

Sunscreen use will be encouraged on days when the sun is strong during summer at lunch breaks, during PE lessons and on school trips. Extra sunscreen will be made available in case children forget their own and children can self-apply with permission from parents. We will ensure sunscreen is reapplied regularly, by pupils, as it can be easily washed, rubbed or sweated off.

### **Collaboration:**

We will work with parents, governors and the wider community to reinforce awareness about sun safety and promote a healthy school.

All adults will be encouraged to wear suitable hats and clothing to reinforce role modelling (vests and strappy tops are discouraged).

## **3.0 Monitoring and Evaluation**

SLT will continuously monitor the effectiveness of all health and safety procedures, including sun safety. Action points will be agreed and discussed with staff. The Headteacher will include any developments in their Head's report to the board of governors.