

BARKING & DAGENHAM
CARERS

YOUNG CARERS IN SCHOOLS PROJECT

Do you care for
someone?

Young carers are young people aged 8-19yrs
who care for a parent, sibling or relative
affected by disability, long term illness, Mental
Health issues or drug/alcohol addiction.

Do you go to
school in Barking
or Dagenham?

Working with your school,

we can support you to access:

Information, support, trainings, improve
your attendance & grades, positive fun
activities and support with homework
(please turn over for more info)

Need help to
get to where
you want to
be?

Do you give emotional
support? Or help out
with household chores,
Shopping, babysitting
siblings? etc.

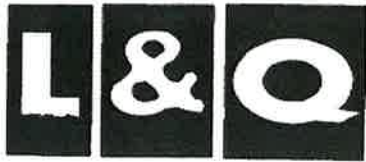
Caring can affect young
people's physical health,
emotional wellbeing,
socialization and personal
development.

Helping schools to
obtain Young Carers in
schools Award
(recognised by OFSTED)

Talk to one of your school's staff or contact us on Tel: 0208 593 4422

E-mail: carers@carerscentre.org.uk

Registered Charity NO: 1063485 Registered Company No: 3180671 (England and Wales)



YOUNG CARERS FREE TUTORING SESSIONS

- ❖ **Need help with your homework/projects???**
- ❖ **Join our Tutoring sessions, all subjects covered.**
- ❖ **Get tailored one-to-one support from a QUALIFIED and EXPERIENCED TEACHER.**
- ❖ **Fun, friendly and safe environment.**
- ❖ **Study equipment provided.**
- ❖ **For 8 to 19 years old**



When: Thursdays 5.30pm to 7.30pm

Call in to book a space

Contact: 0208 593 4422

Where: Carers Centre, 334 Heathway, Dagenham, RM10 8NJ

Put the fun back into Homework

